



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help you get started.



DATE:

Thursdays

February 8, 2018 - March 15, 2018

TIME:

5:30pm - 6:30pm

ADDITIONAL INFORMATION:

Class meets once a week for 6 weeks

Class Location:

**Florida Hospital Flagler
60 Memorial Medical Parkway
Classroom C, main entrance, first floor
Palm Coast, FL 32164**

Pre-registration required.

To register call: 877-784-8486

For more information, visit us at

tobaccofreeflorida.com/quityourway

FREE

Nicotine replacement patches, gum or lozenges.*

**If medically appropriate and 18 years of age or older.*

FREE

Participant workbook and materials.

More than **DOUBLES** your chances of success!

Programs cover all forms of tobacco.

This program is sponsored by:



Florida Hospital Flagler

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