



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help you get started.



DATE:

January 11, 2018 (Thursday)

TIME:

5:30pm - 7:30pm

ADDITIONAL INFORMATION:

Class Location:

**Florida Hospital Flagler
60 Memorial Medical Parkway
Classroom C, main entrance, first floor
Palm Coast, FL 32164**

Pre-registration required.

To register call: 877-784-8486

For more information, visit us at
tobaccofreeflorida.com/quityourway

FREE

Nicotine replacement patches, gum or lozenges.*
**If medically appropriate and 18 years of age or older.*

FREE

Participant workbook and materials.

More than **DOUBLES** your chances of success!

Programs cover all forms of tobacco.

This program is sponsored by:

**Northeast Florida AHEC
and
Florida Hospital Flagler**

